

Elicker Kenpo Karate Academy

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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			1. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm	2. Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	3. BJJ/MMA Advanced Conditioning 6 pm MMA Fundamental Training 6:30 pm Open Mat 7:30 pm	4. Tiny Dragons 9 am Tiger Class 10 am Adult Class 11 am
5. CLOSED	6. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm Kenpo Black/Brown 6:30pm to 7:30pm	7. <u>SPARRING</u> Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	8. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm	9. <u>SPARRING</u> Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	10. BJJ/MMA Advanced Conditioning 6 pm MMA Fundamental Training 6:30 pm Open Mat 7:30 pm	11. Tiny Dragons 9 am Tiger Class 10 am Adult Class 11 am
12. CLOSED	13. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm Kenpo Black/Brown 6:30pm to 7:30pm	14. Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	15. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm	16. Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	17. BJJ/MMA Advanced Conditioning 6 pm MMA Fundamental Training 6:30 pm Open Mat 7:30 pm	18. Tiny Dragons 9 am Tiger Class 10 am Adult Class 11 am
19. CLOSED	20. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm Kenpo Black/Brown 6:30pm to 7:30pm	21. <u>SPARRING</u> Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	22. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm	23. <u>SPARRING</u> Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	24. BJJ/MMA Advanced Conditioning 6 pm MMA Fundamental Training 6:30 pm Open Mat 7:30 pm	25. Tiny Dragons 9 am Tiger Class 10 am Adult Class 11 am
26. CLOSED	27. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm Kenpo Black/Brown 6:30pm to 7:30pm	28. Tiny Dragons 6 pm Tiger Class 7 pm Adult Class 8 pm	29. BJJ/MMA Kids Martial Arts 6pm Beginners BJJ 7 pm Advanced BJJ 8 pm Open Mat 9 pm			

Kenpo Encyclopedia Word of The Month:

Sophisticated Simplicity

Basic movements that entail more than the eyes can see, though singular in appearance, they are multiple in action.